



Brimham Blast, Summerbridge



Nidderdale
National
Landscape

Although this route is short it should not be underestimated. It starts with a warm up on the road gently climbing towards the first of the off-road sections. However after this it becomes an intense ride with spectacular views and challenging uphill and downhill sections on rough bridleways.

THE ROUTE

1. Turn left out of New York Mills and follow the main road through the villages. After the crossroads at Glasshouses take the next right on a bend, signposted for Fountain's Abbey.
2. After 200 metres turn left onto a bridleway signed for the Nidderdale Way and when it forks take the right hand track.
3. At the end turn left and then take the next bridleway on the left. Keep left when the route divides and retrace your path back to the road.
4. Turn left and shortly after take the first bridleway on the right, signposted for the Nidderdale Way. Follow the bridleway, crossing over a small stream and turn left on rejoining the road.
5. Turn right onto the main road and at a post box turn right onto another bridleway, keeping in as straight a line as possible and enjoy the descent.
6. At the bottom and on rejoining the road go left and after a short downhill continue uphill until you get to a crossroads.
7. Turn left and then take a bridleway on the left 300 metres further on and prepare for a challenging descent.
8. Turn left at the road and after about 500 metres of uphill turn right towards Braisty Woods. Keep to the bridleway heading downhill and be prepared to brake before you reach the main road. Turn right and then take the next left back to New York Mills.

IMPORTANT INFORMATION



DISTANCE

9 miles
(15 km)

ASCENT

330 metres

GRADE

Difficult



MAP

OS Explorer 298: Nidderdale



STARTING POINT

New York Mills, Summerbridge.
///pipeline.colonies.thumbnail
Please park considerately.



TOILETS

The nearest toilets are at Dacre Banks or Pateley Bridge.



REFRESHMENTS

Summerbridge, Dacre Banks and Pateley Bridge.



PUBLIC TRANSPORT

- Nearest train station: Harrogate (approx 11 miles)
- Bus route: Transdev Harrogate & District 24 service



WILDFIRE

Help prevent wildfires by:

- never lighting campfires or barbecues.
- not discarding cigarettes or matches.
- taking all your rubbish home.



