



Killer Climb - Trapping Hill, Lofthouse



INTRODUCTION

A category three climb in the heart of Upper Nidderdale – probably the most gruelling and relentless in the Dale.

START POINT

SE 102735

DISTANCE

1.3 miles

TOTAL CLIMB

677 ft

AVG GRADIENT

10%

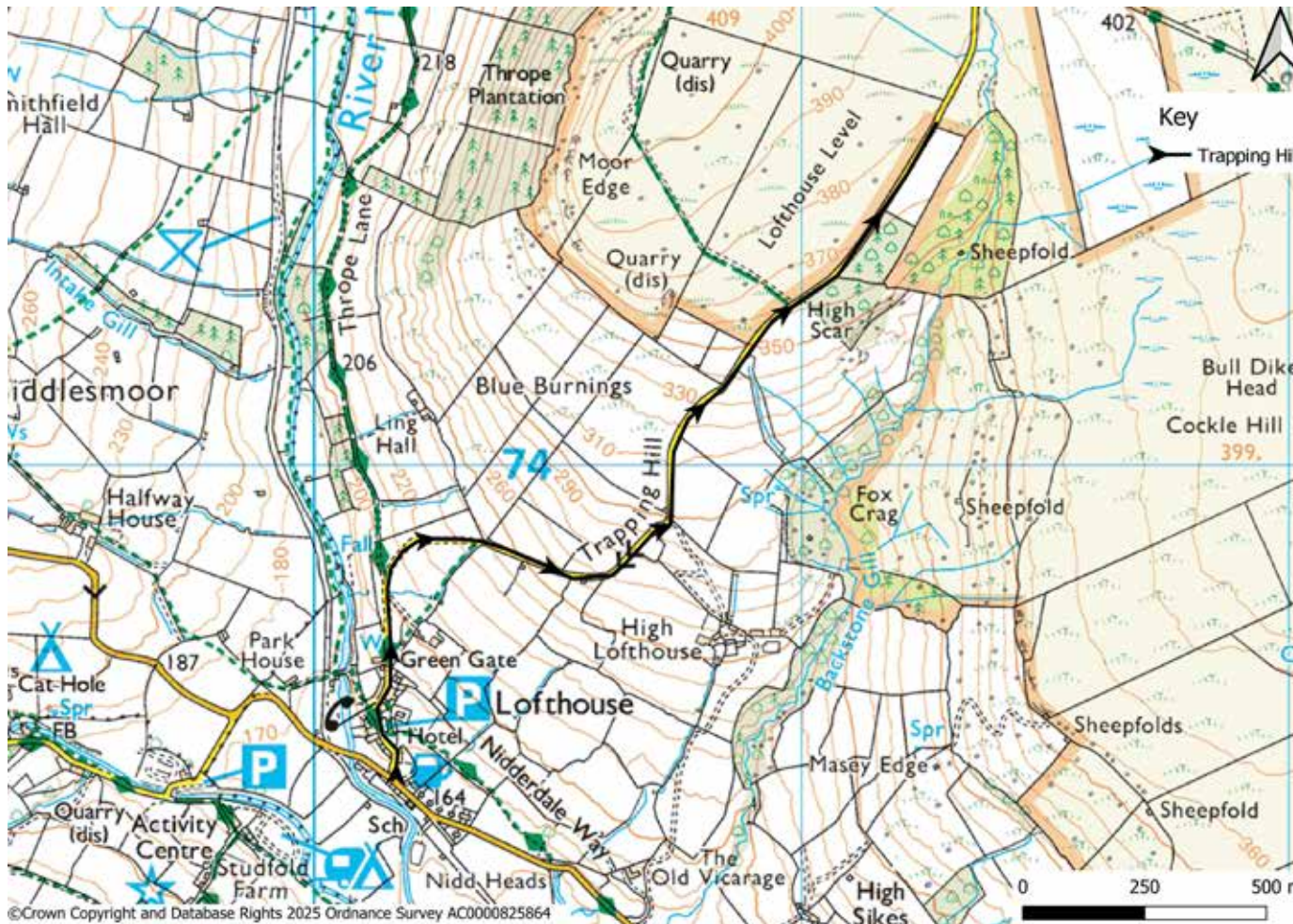
STEEPEST GRADIENT

20%

MAP

OS Explorer 298: Nidderdale

THE ROUTE



Beginning from the Crown Hotel in Lofthouse at the heart of Upper Nidderdale, this climb is probably the most gruelling and relentless in the Dale.

As you leave the village the gradient increases to 10% and will only very occasionally and briefly drop below that until you emerge onto the moor at the top of the hill.

The first corners are nasty but the straight that follows traversing back across the hill side should be used as a recharge point. From the next left hand corner the road goes straight up the hill with some agonising twists until eventually it very slowly begins to level out with the last third of a mile being under 10%.

TRAFFIC VOLUME

Low to medium but can be higher on bank holidays and weekends - please take care.